

Combating Sex Ed in our Schools

Resources online:

- <https://www.ewtn.com/catholicism/library/sex-education-and-catholic-school-s-4064>
- <http://www.fertileheart.org.uk/>
- <https://www.ruahwoodspress.com/>
- [Jason Evert – PURIFIED \(chastity.com\)](#)
- [Theology of the body for Teens: Middle School Edition – GoodLove](#)
- [3-Minute Testimonies | YDisciple](#)
- The Diocese of Sacramento went through a similar experience and they have great resources: <https://www.scd.org/loveandliberty>.
- Kinsey - The man who perverted sex ed: <https://youtu.be/dPDWL6GQ3qQ> by FreedomTunes on YouTube (the founder, Seamus Coughlin, is a practicing Catholic that frequently defends Catholic views on a very popular podcast, TimCast, with Tim Pool)
- The woke guide to gender: <https://www.youtube.com/watch?v=RAyjgS8Gmc> by FreedomTunes
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- (funny satirical video about current sex ed - may also be good for older teens)

Recommended Reading

- **For Parents**
 - [Beyond the Birds and the Bees: Raising Sexually Whole and Holy Kids](#) by Greg and Lisa Pocak
 - [Theology of the Body for Beginners: A Basic Introduction to Pope John Paul II's Sexual Revolution](#) by Christopher West
 - [Reclaiming Sundays: Pray, Play, Serve, Rest, Refresh, and Celebrate](#) by Donna-Marie Cooper O'Boyle
- **For Young People**
 - [The Princess and the Kiss: A Story of God's Gift of Purity](#) by Jennie Bishop
 - [The Squire and the Scroll: A Tale of the Rewards of a Pure Heart](#) by Jennie Bishop

Resources for Principals, Catechists, Youth Ministers, & Parents

- **Theology of the Body**
 - [Ascension Press' YOU: Life, Love, and the Theology of the Body](#)

- Ascension Press' Theology of the Body for Teens: Middle School Edition
- TOBET's The Body Matters
- Ruah Woods' ROOTED: The Theology of the Body K-12 Curriculum
- Chastity Project
- Echoes of Worth: Theology of the Body Conference
- **Pornography / Navigating Modern Technology Use**
 - Clean Heart Online – Archdiocese of New Orleans
 - Covenant Eyes
 - Matt Fradd
- **Sexual Identity**
 - Person & Identity
- **Catholic Guidelines for Sex Education**
 - Pontifical Council for the Family
- **Conversations About L.I.F.E.**
 - A Guided Program to Get Families Talking about Loving Relationships and Safe Environments
- **Jr. High, High School & College Student Programs**
 - Mother-Daughter Program (*Ages 10-16*)
 - Father-Son Program (*Ages 12-15*)
 - Woman in Love: Mother Daughter Retreat (*Grades 8-12*)
 - Hope Undimmed (*High School & College Students*)

Books:

- Pure Manhood by Jason Evert
- Our Bodies Tell God's Story; Discovering the Divine Plan for Love, Sex, and Gender, by Christopher West
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